



Roma treats me like I'm her son.
She cooks for me, gives me advice
and we go places for activities.

- Chris

You want the **best** for your loved one. **We're here to help.**

Choosing a home for your loved one with intellectual and developmental disabilities is an important decision with a lot to consider. Will my loved one be safe? Will they be supported? Will they be loved? **With AbleLight's Life Sharing program, the answer is YES.**



What is a Life Sharing home?

Through our Life Sharing program, we connect people with disabilities with families in the community to provide safe, loving homes. The arrangements offer an array of benefits for all involved; not only do people with disabilities realize a greater sense of independence, but they and their Life Sharing Providers forge powerful, lasting relationships, and often end up becoming like family. Not only do providers give your loved one a place to live, but they also:

- Assist with meals, personal hygiene, shopping and transportation
- Offer companionship and opportunities for social interaction
- Facilitate participation in social and community activities
- Support routine medical needs, such as medication and medical appointments
- Implement the Individual Support Plan, working with you and AbleLight to ensure all support needs are being met



Here's how it works

- A thorough, personalized matching process ensures the families and people we serve are a good fit for each other socially, culturally, linguistically, spiritually, and more.
- Expert resources and 24/7 support for the provider and person supported help ensure a rich, rewarding experience for all.

About AbleLight

For more than 116 years, we've been dedicated to pioneering life-changing services that empower the people we serve to thrive. We move beyond expectations, addressing the whole person so everyone can make the most of their abilities. With expertise across a truly unmatched set of services, we address the total wellbeing of every person.

To learn more or apply, go to
AbleLight.org/LifeSharing

