



MnCHOICES Assessment: Steps to get help

Start

Where do I start?

A person of any age with a disability or in need of long-term services and supports can ask for a MnCHOICES assessment. You do not need to be eligible for Medical Assistance or any other publicly funded program to receive an assessment. Call your county or tribal nation to request an assessment. For more information contact one of the following resources:

- Disability Hub MN – www.disabilityhubmn.org or 866-333-2466
- Senior Linkage Line – www.seniorlinkageline.com or 800-333-2433

What is a MnCHOICES assessment?

The MnCHOICES assessment helps determine public programs that might pay for your services or helps you learn about other options if you do not qualify for publicly funded programs.

- It is free to you.
- It will occur within 20 calendar days of your request.
- It is an in-person visit where you live or at a place of your choice.
- It will help identify:
 - Your support needs
 - Services or programs to meet those needs
 - How to get those services.

Info

Prep

How should I prepare?

- Think about what is important to you regarding:
 - Where you live, work and how you participate in your community
 - Any challenges, barriers and concerns you have doing the things you like
 - If you want any family, friends or others to attend your assessment
- Gather a list of your medications.
- Allow about two hours for the visit.
- Visit the DHS MnCHOICES Assessment and Support Plan website for more details about the MnCHOICES process.

MnCHOICES Assessment: What you can expect

What will the MnCHOICES certified assessor ask me?

- Where and how you want to live, work and participate in your community.
- How you like to spend your time and with whom.
- How you take care of your day-to-day personal needs.
- How you manage your home and your physical and emotional health.
- If you have any concerns or other challenges that affect your ability to live as you choose.

Talk

How will a MnCHOICES assessment help?

It may help you:

- Understand your strengths and needs.
- Identify the services and supports that can help you live where you want.
- Identify if you may be eligible for Medical Assistance.
- Access publicly funded programs such as MA waivers, Personal Care Assistance (PCA) or other services and supports.
- It helps you learn about and have help accessing other support options.

Help

What happens after the assessment?

After the interview, the assessor will summarize what they learned about you and your needs, discuss eligibility and outline services and supports that may help. You will receive:

- A copy of a planning worksheet at the assessment that outlines the services and supports you may be eligible for.
- A written plan that summarizes your care needs and options for services and supports.

Know

Rights

What are my rights?

- You have the right to privacy.
- You have the right to be free from discrimination.
- You have the right to appeal if you disagree with the results of the assessment.
- You have the right to an interpreter at no cost to you.



Attention. If you need free help interpreting this document, ask your worker or call the number below for your language.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اطلب ذلك من مشرفك أو اتصل على الرقم 1-800-358-0377.

သတိ။ ဤစာရွက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ သင့်လူမှုရေးအလုပ်သမား အားမေးမြန်း ခြင်းသို့ မဟုတ် 1-844-217-3563 ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមសួរអ្នកកាន់សំណុំរឿង របស់អ្នក ឬហៅទូរស័ព្ទមកលេខ 1-888-468-3787 ។

請注意，如果您需要免費協助傳譯這份文件，請告訴您的工作人員或撥打1-844-217-3564。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, demandez à votre agent chargé du traitement de cas ou appelez le 1-844-217-3548.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces nug koj tus neeg lis dej num los sis hu rau 1-888-486-8377.

ဟ်သုဂ်ဟ်သးဘဉ်တက့ၢ်. ဝဲန့ၢ်လိၣ်ဘဉ်တၢ်မၤစၢၤကလိၣ်လၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တီလံာ်မိတခါအံၤန့ၣ်,သံက့ၢ်ဘဉ်ပုၤဂ့ၢ်ဝိအပုၤမၤစၢၤတၢ်လၢန့ၢ်မ့တ မ့ၢ်ကိးဘဉ် 1-844-217-3549 တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 담당자에게 문의하시거나 1-844-217-3565으로 연락하십시오.

ໂປຣດຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພຣີ, ຈົ່ງຖາມພະນັກງານກຳກັບການຊ່ວຍເຫຼືອຂອງທ່ານ ຫຼື ໂທໂປຣໂປທີ 1-888-487-8251.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, hojjettoota kee gaafadhu ykn afaan ati dubbattuuf bilbili 1-888-234-3798.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, обратитесь к своему социальному работнику или позвоните по телефону 1-888-562-5877.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, hawlwadeenkaaga weydiiso ama wac lambarka 1-888-547-8829.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, comuníquese con su trabajador o llame al 1-888-428-3438.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi nhân viên xã hội của quý vị hoặc gọi số 1-888-554-8759.

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For accessible formats of this information or assistance with additional equal access to human services, write to dsd.responsecenter@state.mn.us, call 651-431-4300, or use your preferred relay service.